

PARENT CIRCLES

For families with children ages 1 to 11

THE PROGRAM:

A monthly, facilitated group experience where participants spend half the time reflecting on personal goals together and half exploring socioemotional topics and life skills through. Parents activate agency, open to new information, and build sense of community through hands-on activities and sharing personal experiences. Circles center peer partnership to co-create community, explore new topics and perspectives, and encourage action plans for personal goals.

THE BENEFIT:

Networks of
Support

Self
Determination

Sense of
Belonging



Parent Circles are
offered to all families

AVERAGE GROUP SIZE



FACILITATOR



PARENTS OR
CAREGIVERS



1 X PER
MONTH



90
MINUTES