



Introduction to Quest

Quest is Lab's approach to challenge-based learning that blends elements from project-based learning, internships, experiential learning, and community based projects. It asks students to **deeply investigate a topic or idea** then apply that set of knowledge and skills to **tackle an authentic challenge in their community**.

1

Intro to Quest

Hear a brief 5-minute [explainer](#) on what Quest is and how it works.

2

Example Quests

Take a look at the [topics](#) and Quests from past years to see what our teachers and students have done together.

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Quest Topics Brainstorming Game

Having trouble imagining ideas and/or final products? Check out [Room 402](#) for their tool to discover rich Quest experiences through their Dinner Party game.

3

Bird's Eye Quest Plan

See how a Quest is [laid out](#) week to week and what topics and activities are planned for students.

4

Quest Planning Cycle

See the Quest planning [overview](#) to understand the components to planning a Quest.