

## What is the QUESTION Class?

The **QUESTION Class** is a semester long course that fosters individuality and social responsibility in students, allowing them to question themselves, each other and society, in order to define their own purpose and direction in life.

The program offers:

- A comprehensive approach to Social Emotional Learning;
- An semester long curriculum – The QUESTION class – created with in-depth engagement of hundreds of students; It creates a space for students to explore their identity, strengthen their agency, and pursue purpose.
- A teacher training & ongoing professional development that empower teachers to be inspiring facilitators of the student journey.

The **QUESTION Class** anchors students' own experiences with self-motivation and a strong foundation for academic achievement.

It has been transformative to students and teachers as it brings everyone's humanity to the forefront.

## The Impact

### Student Grow Across 6 Core Areas of Development

- Deepen and expand their self-knowledge;
- Build confidence in their own power to choose;
- Gain confidence in defining their lives with purpose;
- Develop the courage to pursue their goals;
- Increase their sense of interconnectedness and care for the whole;
- Develop the capacity to engage with other perspectives, for a lifelong learning.

### Students Develop 21ST Century and SEL Skills:

- Communication
- Collaboration
- Creativity
- Critical Thinking
- Cross Cultural Awareness
- Self-Awareness
- Self-Management
- Social Awareness
- Relationship Skills
- Responsible Decision Making

## A Collaborative Environment to Explore Critical Life Questions

“Who am I? Why am I here? What is my purpose in life? ... How can I find what inspires me?  
How do my choices impact myself and others? ...What is success?  
How can I find the courage to be myself? ... What is my relationship to my school, my community, society?  
...Is Life about me or is Life about others? ...How can I have a bigger perspective on the issues I face?...  
How can I find a way to give and make a difference? ...”

“We’ve been inundated with not for profit organizations that want to come to our schools. The thing that set the QUESTION project apart is the comprehensiveness and clarity of the curriculum. The curriculum is rock solid which is very unusual for a social emotional learning program. That clarity, that structure allows an entry point for students and teachers who may not be used to dealing with this material.”

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Michael Barakat, Principal, Bronx High School for Law and Community Service