

# The Every Child Ready Schedule



## Recommended Full Day Schedule

8:00—8:25	Breakfast   Limited Centers
8:25—8:30	Transition
8:30—8:40	Morning Meeting
8:40—8:45	Centers Meeting
8:45—10:15	Centers and Small Groups
10:15—10:20	Transition
10:20—10:40	Read Aloud
10:40—11:00	Journaling
11:00—11:05	Transition
11:05—11:35	Outside Play
11:35—1:05	Lunch   Nap
1:05—1:15	Gross Motor
1:15—1:20	Question of the Day
1:20—1:35	Read Aloud
1:35—1:40	Centers Meeting
1:40—3:00	Centers and Small Groups
3:00—3:20	Learning Lab
3:20—3:30	Dismissal



## Recommended Half-Day Schedule

8:00—8:25	Breakfast   Limited Centers
8:25—8:30	Transition
8:30—8:40	Morning Meeting
8:40—8:45	Centers Meeting
8:45—10:45	Centers and Small Groups
10:45—10:50	Transition   Question of the Day
10:50—11:10	Read Aloud
11:10—11:30	Outside Play
11:30—11:45	Journaling or Learning Lab
11:45—12:00	Dismissal



# The Every Child Ready Daily Components

Component	Description	Time Range
<b>Morning Meeting</b>	Morning Meeting fosters connection in the classroom community and set a positive tone for the school day. The Every Child Ready Morning Meeting framework includes: Welcome Classroom Community, Morning Meeting Main Lesson, Community Building, and General Prosocial Reminder.	<b>10–15 minutes</b>
<b>Centers Meeting</b>	Centers Meeting highlights the available Centers, describes the materials, models how to use them, and teaches skills and routines needed for the day through Say, Show, Check.	<b>3–5 minutes</b>
<b>Centers</b>	Free–Choice Centers engage children in intentional play with their teachers and peers. Centers activities provide opportunities for children to apply thematic concepts and skills learned in other parts of the day through hands-on learning. Children engage in the Centers component twice daily for 60 to 90 minutes.	<b>60–90 minutes</b>
<b>Small Groups</b>	Small Groups are brief lessons designed to target language, literacy, math, social-emotional learning, science and social studies skills/domains. Each Small Group lesson includes three parts: modeling, guided practice, and checks for understanding. Small Groups take place during Centers.	<b>8–12 minutes</b>
<b>Read Aloud</b>	Read Aloud lessons occur twice a day, typically in the morning and afternoon. Each Read Aloud emphasizes teacher-children interactions to support language development, critical thinking, and problem-solving. Teachers read thematic books multiple times to build children's content knowledge and understanding of different lesson objectives.	<b>15–25 minutes</b>
<b>Question of the Day</b>	Question of the Day encourages children to share their thoughts, ideas, and opinions to a daily question related to a thematic topic. The Question of the Day component fosters dynamic interactions between teachers and children to support children's development of language, math, and writing skills.	<b>3–5 minutes</b>
<b>Journaling</b>	Journaling motivates children to express their ideas through writing and drawing. Each Journaling lesson includes three parts: Teacher Model, Conferencing, and Author's Chair.	<b>15–25 minutes</b>
<b>Learning Lab</b>	Learning Lab includes hands-on activities to encourage children to explore science, math and engineering content. There are four different Learning Lab lesson types: Observe, Explore, Construct, and Experiment. Through collaborative learning opportunities, Learning Lab also reinforces children's social-emotional learning development.	<b>15–20 minutes</b>
<b>Gross Motor</b>	Gross Motor engages children in playful teacher-guided exercises and games. The Gross Motor component supports children's physical, cognitive, and social-emotional development through movement activities.	<b>8–10 minutes</b>