

Professional Skills and Competencies

Center for Advanced Professional Studies (CAPS)

At CAPS, students build the professional skills needed to succeed in a rapidly changing and unpredictable world—to not only survive, but to thrive in the future.

Students are immersed in learning situations that build these skills. Working with real-world partners, students develop the skills and an entrepreneurial and growth mindset that prepares them for their journey beyond high school.



capsnetwork
collaborate · innovate · educate

Technical Skills

Most jobs are highly specialized with each job requiring a set of specific skills and their own vocabulary and processes that make them unique to each other. CAPS, and others in the arena of career education, have created pathways that reflect this specialization by offering strands in various disciplines—Bio-science, Engineering, Human Services, Medicine & Healthcare, Business, and more.

Essential Skills

Essential skills transcend specific disciplines. They represent a set of qualities that are uniquely human and prepare students for a lifelong journey of learning.

Essential Skills

Competencies

- » Agility
- » **Analytical thinking**
- » Cognitive sensibility
- » **Collaboration**
- » **Communication**
- » **Complex problem-solving**
- » Conflict resolution
- » **Creativity**
- » **Critical thinking**
- » Discovery and inquiry
- » **Innovation**
- » Judgment and decision making
- » Negotiation
- » People management
- » Problem recognition
- » Resilience
- » Service orientation
- » **Teamwork**

Entrepreneurial Mindset

- » Adaptability
- » Apply knowledge to new situations
- » Calculated risk-taking
- » Curiosity
- » Embrace challenges
- » Failure equals learning
- » Grit / Persistence
- » Initiative
- » Leadership
- » Lifelong learning
- » Openness
- » Resilience
- » Social and cultural awareness
- » Thrive on ambiguity

Social Skills

- » Emotional intelligence
- » Empathy
- » Engagement
- » Etiquette
- » Relationship development
- » Respect

CAPS Core Values

Profession-
Based
Learning

Responsiveness

Self-Discovery
and
Exploration

Professional
Skills
Development

Entrepreneurial
Mindset