



## POD Lesson Template

Topic : \_\_\_\_\_ Instructor: \_\_\_\_\_ Date: \_\_\_\_\_

### CASEL Competencies:

Self-Awareness

Self-management

Responsible Decision-Making

Relationship Skills

Social Awareness

### Learning Target or Goal for the Day:

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### Materials:

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Segment	Steps
<p><b>Announcements:</b> ( 3 min) Teacher/student(s) review important upcoming events and agenda items. Identify the next steps for POD.</p>	
<p><b>Set Tone:</b> (2 min) A meaningful question, excerpt, poem, song, riddle, etc. tied to the purpose of POD for the day.</p>	
<p><b>Block 1:</b> (25 min) Students engaged in prescribed focus such as reading, circle, study, project, activity. or student choice.</p>	
<p><b>Block 2:</b> (25 min) Students engaged in prescribed focus such as reading, circle, study, project, activity. or student choice</p>	
<p><b>Closing:</b> (5min) An individual or corporate evaluation, reflection, or meditation to close out the day's activities.</p>	