



San Diego Met High School

2022-2023 Daily Schedule



Monday/Wednesday/Friday Schedule

| Period | Start Time | End Time |
|--------------|------------|----------|
| 1 | 8:30 AM | 10:00 AM |
| Advisory - 2 | 10:05 AM | 10:40 AM |
| 3 | 10:45 AM | 11:40 AM |
| Lunch | 11:45 AM | 12:15 PM |
| 4 | 12:20 PM | 1:15 PM |
| 5 | 1:20 PM | 2:15 PM |
| 6 | 2:20 PM | 3:15 PM |

Tuesday/Thursday Schedule

| Time | Gateway Group A: 9th Graders <i>First six weeks of school, then follow schedule for Returning Students</i> | Gateway Group B: NEW 10th-12th Graders <i>First six weeks of school, then follow schedule for Returning Students</i> | Returning Students <i>Attend school until you secure an internship (signed contract with mentor)</i> |
|-------------|--|--|---|
| 8:30-10:00 | LTI Gateway <i>Led by: Internship Coordinator</i> | LTI and Personalized Learning Support <i>Led by: Advisor</i> | Internship search and preparation <i>Led by: Advisor</i> |
| 10:05-11:35 | LTI and Personalized Learning Support <i>Led by: Advisor</i> | LTI Gateway <i>Led by: Internship Coordinator</i> | |
| 11:35 | Dismissal | Dismissal | Dismissal |

Internship Schedule

Internship hours are scheduled by agreement between the mentor and student, and based on their needs. Students are required to work a minimum of 4 hours on Tuesday and 4 hours on Thursday to earn academic credit for their internships and fulfill the requirements of enrollment at the Met. Internships may only be scheduled between the hours of 7am and 7pm, in accordance with state laws relating to work experience education.