

Name: _____

Date: _____

Start of the week planning: Check your weekly report and note how you are doing in each block (+ ahead of pace ✓ on pace ▲ almost on pace X off-pace)

Content Block	Math SDL	Math Problem Solving	Closing Reading	Writing	Humanities SDL	Ind. Reading	Grammar	Vocabulary	Science Invest.	Science SDL
How am I doing? (+ ✓ ▲ X)										

What's your goal for this week? Ex: I need to read 2 books in IR this week to get back on pace

Why is this important to you? Ex: I want to become an excellent reader

What is the main obstacle that might prevent you from reaching this goal? Ex. My little brother makes it hard for me to read home

What is your plan to overcome this obstacle? Be specific. Ex. Have a family chat about giving me 30 minutes of quiet time to let me do my reading

What ask will you make of your running partner (and/or other Dream Team member) this week to support you in seeing this plan through?

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Mid-Week Progress Check:

Am I on track to meeting my goal for this week? Why or why not?

What will you do between now and Monday to ensure you reach your goal?

What help do you need?

Results:

Did I meet the goals I set last week? Why or why not?

What did I learn about myself from last week's results that can help me this week and beyond?
